

book report

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Book Report On Relationships

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Book Report On Relationships

In Contempt Book Report

Book written by: Gary Chapman and Jennifer Thomas

This report is based on an inspirational relations book authored by Gary and Jennifer. The title of the book is **“When Sorry Is Not Enough”: Making Things Right with Those You Love** the piece was published in the year 2013 in May and is among the best-selling relationships books in the united states.

Introduction of the Author

Gary Chapman and Jennifer Thomas are very creative individuals. This book that they wrote together is quite fascinating. The piece is read not only in the states but worldwide thanks to the internet. Their book speaks about challenges that are found in relationships and how different couples can deal with such obstacles.

The book is among the best-selling relationship books in the United States. It has enormous ratings in the various online selling platforms, thus marketing itself adequately. Moreover, the book is sold at affordable prices at different online platforms like Amazon and renowned book stores in the country.

The book generally speaks about making amends in relationship situations among couples (Chapman & Thomas, 2013). The author advises various persons in relationships on how to solve disputes among themselves and multiple approaches to conflict resolution in relationships. Moreover, the authors use their personal experiences to guide and counsel individuals in relationship disputes.

Summary of the Book

The relationship book by Gray Chapman and Jennifer Thomas is quite fascinating. The piece talks about resolving disputes in the relationships aspect of things. The authors have stipulated various ways of solving relationship wrangles and grouped them in simple essential points. The points are straightforward and easy to apply among couples in relationship backgrounds.

The authors spoke about cooling down after a heated argument. It is very typical for couples to argue from time to time. However, the two authors have advised that after a dispute, one party must cool down and listen to their partner woes and come forth with an amicable solution. The issue of offering acceptable apologies was also advised. The writes advise couples to try and offer apologies to their partners in a way that can be pleasant and forgiving after a disagreement between the two parties.

The writer emphasized on restoring and strengthening valuable relationships. In their book, they encouraged couples that feel their relationship is strong enough to move forward to the engagement stage and, if possible, marry at later stages. The two authors also emphasized honesty in the relationships, trust, and lastly, happiness among themselves. They pointed out that the cause of many relationships wrangles among various couples is brought about by trust issues which should be addressed openly by the couple.

Body of Review

The relationship book by Jennifer and Gary is quite impressive. It is a must-read for persons in relationships as it gives friendly advice to couples in relationships. Lastly, the book

can be used vastly in relationship classes and therapy sessions among individuals seeking counselling in their marriages and relationships.

References

¹

Chapman, G., & Thomas, J. (2013). *When Sorry Isn't Enough: Making Things Right with Those You Love*. Moody Publishers.

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